







GRADE 6 : _____

NAME : _____

WORKSHEET ON COMMUNICABLE DISEASES

Name of the disease	Causes	Prevention strategies	Available treatment	Where to find help
TB 				
MUMPS 				
COMMON COLD 				
COVID-19 				
CHICKEN POX 				
ATHLETES FOOT 				

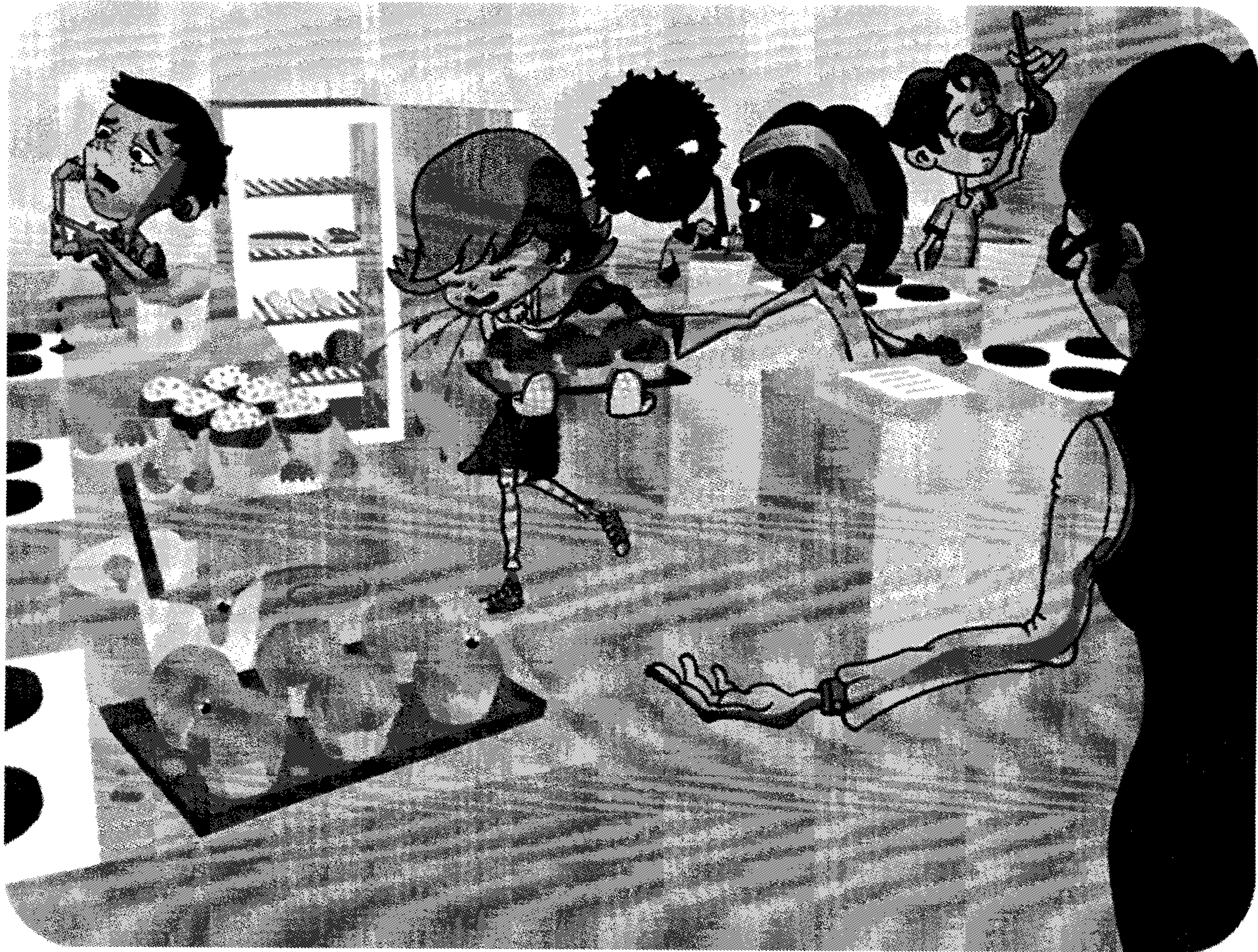
WORKSHEET 3

FOOD PREPARATION

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Complete the worksheet by circling unhygienic 'food preparations' and state what could have been done instead.



State what could have been done instead.

WORKSHEET 1: FOOD SAFETY

NAME _____

DATE _____

GRADE 6 _____

Answer all the questions:

1. Use your dictionary to define the following concept

a)

Ingredients _____

b)

Harmful... _____

c)

Colourants _____

d)

Flavourants _____

2. Name the kind of food that you must wash before you eat it. Explain why you must wash it

3. How can we avoid eating harmful ingredients?

4. Name two things that are added to food and can be harmful to us

5. How can we become more aware of our diet?

WORKSHEET ON HIV/AIDS

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INSTRUCTIONS

Tick the correct answer true/ False

STATEMENT	TRUE	FALSE
1. He has HIV. That means he has AIDS		
2. If you have AIDS , you can cure yourself by having sex with a virgin		
3. You can get HIV from having unprotected sex with someone who has HIV		
4. If a person looks healthy, it means that person is not HIV positive		
5. You must not touch someone who is HIV positive		
6. You can get HIV /AIDS by using the same toilet as someone with HIV/AIDS		
7. Using condoms can protect you from getting HIV		
8. South Africa has found a cure for AIDS		
9. Taking Antiretrovirals will keep you healthier for a long time		
10. Anyone can be infected with HIV no matter where they come from		

WORKSHEET

HOMEWORK

HOW I SPEND MY TIME DAILY AND WEEKLY

Completing this worksheet will enable you , the learner to avoid wasting time on non -essential activities every day and assist you in planning your week better

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wake up					
Wash					
Breakfast					
Travel to school					
In class					
Break					
In class					
Travel back home					

Do my chores					
Do my homework					
Play with my friends					
Watch TV					
Have supper					
Wash the dishes					
Have a bath and sleep					